



**JOURNEY OF HOPE**  
A UNITED METHODIST COMMUNITY  
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***Compass Guide***  
***Scripture & Questions***

**Monday**

Scripture: Luke 8:26-33

Question: Does it seem to you that society pushed those who are afflicted with mental illness to the side? Does society push them to the margins? Why?

**Tuesday**

Scripture: Luke 8:34-39

Question: The healing that we heard about on Sunday offers a chance at witnessing to the power of God. Have you experienced a healing that you need to be sharing? Have you shared it?

**Wednesday**

Scripture: Psalm 42:1-11

Question: We all face times of stress, anxiety, fear, and worry. How do you deal with those feelings in your life? Do you have a place to go for peace? Where is it?

**Thursday**

Scripture: Philippians 4:4-9

Question: Paul's words to the people in Philippi should offer comfort to us. How can you indwell with the words from Philippians 4:4-9 today?

**Friday**

Scripture: Jeremiah 20:14-18

Question: Have you ever felt like Jeremiah in our passage from this morning, where he feels like he should not even exist? Obviously, this isn't where Jeremiah stays. How can we too emerge from those dark places in life?

**Saturday**

Scripture: John 14:25-27

Question: How can you accept the gift of peace that God offers to you today? What's holding you back?